

Life in the Spirit
Romans 8:1-17

1. The Law Problem

a. What the old law could not do (v. 3a)

Two dangers in the church: Legalism and Antinomianism

b. A new law (vv. 1-2, 3b)

Written on the heart

The source of life

Freedom from sin and death.

2. Two choices in how we live:

a. Living by the Flesh?

Flesh = living human resources

Self-centered

Enticed into disobedience

Consequence: a form of godliness but no power.

We are helpless outside of Christ (Romans 7:25).

b. Living by the Spirit?

A new guide and resource

Applies the cross to us

Always connected to the work of Christ

Teaches a new way of thinking

Flesh	Spirit
1. Condemned	1. No condemnation
2. Law is a snare	2. Law is a blessing
3. The tool for sin	3. Brings freedom from sin
4. Mindset on the flesh	4. Mindset on the things of the Spirit
5. Death	5. Life and peace
6. Hostile to God	6. Children of God
7. Not subject to God	7. Honors God
8. Not able to please God	8. Pleases God as righteous
9. Does not belong to Christ	9. In Christ
10. Death	10. Life, even to mortal bodies
11. Deceived desires of the body	11. Desires of the body are given to God
12. Slavery and fear	12. Adoption into God's family and co-heirs with Christ

3. New Life in the Spirit

a. Freedom

b. A gift (5:5)

- c. Guides into Christlikeness
- d. Keeps God's laws

4. How can we live by the Spirit?

- a. Recognize God's presence and grace
- b. Ask for forgiveness for chasing after the flesh
- c. Commit yourself completely to God